

**May 6, 2011**

**My experience with Ardent Manor**

**My husband, Tom, has dementia and aphasia (loss of the ability to talk). I had devised an in home program for him which was becoming ineffective. On the advice of his memory doctor, I enrolled him in Ardent Manor in December 2009.**

**Ardent Manor provides the group interaction, social engagement, exercise and mental stimulation known to be the keys for remaining healthy. Their unique program is tailored to the special needs of each guest.**

**Tom started out going to "The Manor" three afternoons a week. As his capabilities declined we increased his time at Ardent Manor to five afternoons a week, and then in April 2011 he began full days. The high caregiver to guest ratio provides Tom with personalized, compassionate and respectful care. The dedication, energy and follow through of Ardent caregivers insure that Tom is getting the best possible care.**

**As a result of the Ardent Manor program, Tom's communication skills and confidence are improved. His need for social contacts is met. He enjoys the group activities like singing, ball toss and darts. He gets caught up in the group energy and has fun, laughs. He participates in exercises that keep him strong and limber. Many of these activities were absent from our in home program.**

**While Tom is at Ardent Manor, I have days free to pursue some of my own interests. I feel so lucky that this facility is here for Tom and for me.**

**Tom's wife, Peg**